



CORPORATE CONCIERGE SERVICES

1 SOUTH WACKER DRIVE

Concierge Calendar June 2018



Amenity of the Month:
Chair Massage
Tuesday, June 5th
10:00am-4:00pm
Monroe Room - Tenant Lounge



CORPORATE CONCIERGE SERVICES

Karly Fraeyman &
Paige Cascio
Concierge
(312) 845.2241

[Email Your Concierge](#)

Exclusively for your use, we provide complete corporate and personal support through our worldwide network of business, entertainment and leisure vendors. We can help with any request from the ordinary to the exceptional!



Release stress and muscle tension with a convenient chair massage from a certified massage therapist. Massage pricing

is as follows:

-10 minutes = \$15.00

-15 minutes = \$20.00

-20 minutes = \$25.00

Massages are cash only and payment will be handled directly on-site with the massage therapist.

To book a massage, please contact your concierge at oswconcierge@corporateconcierge.com or (312)845-2241.

Tenant Event:

Blood Drive

Wednesday, June 13th

9:00am-3:00pm

Wacker Room - Mezzanine Level



To schedule an appointment please contact LifeSource at 877-543-3768.

OR

Are you planning your next big meeting? Use the link below to check on availability, pricing and book your next room reservation.

www.oswmeetings.com



Whether you are looking to play a game of pool, grab a complimentary cup of coffee or just looking to stretch your legs, the OSW Tenant Lounge is the place for you!



Interested in planning your next vacation?

Corporate Concierge Services is a certified travel agent.

Visit www.lifefsource.org and search

by Group/Sponsor code: 930E

Appointments recommended. Walk-ins welcome.

**Tenant Event:
Farmers Market Pop-Up
Thursday, June 14th
11:30am-1:30pm
Tenant Lounge**



Stop by for fresh, local produce. [Chutney Devis](#) will also be on-site selling South Indian cuisine. Cash and credit will be accepted. LifeStart Fitness will also have recipe cards for healthy meal inspiration.

**Tenant Event:
First Day of Summer
Thursday, June 21st
11:30am
Tenant Lounge**



Purchasing Fees:

Up to \$99 - \$3.95 per card
\$100 - \$150 - \$4.95 per card
\$151 - \$200 - \$5.95 per card

Please contact the concierge for more information or to purchase a card.



Looking for sporting tickets to the next big game? Contact your concierge for more information.



[CLICK HERE](#) for upcoming concert information.

Theater Spotlight:
Check out this month's hottest shows!

Grab a complimentary frisbee and sunshine decorated cookie (while supplies last) to kick-off Chicago's warmest season.



FRIDAY, JUNE 22ND
5:30PM-9PM

BEER FEST

on The Beach at Shore Club

Tickets include:
Tastings, Giveaways & More!

Tickets & More Information:
BeerFestOnTheBeach.com

1603 N. Lakeshore Dr, Chicago, IL 60611 | 708.613.7132
f t i /SHORECLUBCHI

To purchase tickets, click the link [HERE](#)

For a discount, use code: **OSW**



Oriental Theatre -

The Cher Show

Tickets & Info click [HERE](#).

Cadillac Palace Theatre -

Dirty Dancing

Tickets & Info click [HERE](#).

Broadway Playhouse -

Heartbreak Hotel

Tickets & Info click [HERE](#).

Restaurant of the Month:

Ronero



June's Restaurant of the Month is Ronero. Make sure to stop by the Tenant Lounge and drop your business card off for a chance to win a gift card!



Congratulations
to Susan Handy at
Infrastructure Engineering who
won our May Restaurant of
the Month gift certificate to
STK Chicago!



Building Events:



Welcome Gregory Gray as the new OSW Fitness Director! He has been working in the fitness industry for 15 years starting as a physical therapist assistant at Mercy Hospital. In the past ten years he has been personal training, teaching group fitness and leading wellness events. Starting June 4th Gregory will be offering two new small group training classes:

-Mondays @ 7am - Circuit Training

-Wednesdays @ 7am- Strictly Strength

This will be offered at a special rate of 4 sessions at \$40 per month or 8 sessions at \$75 per month. This discount will only be available for the month of June. Gregory will also be offering Complimentary Personal Training Sessions to new clients for the month of June. You can come find him at the fitness center or send him an email at ggray@lifestart.net to schedule your PT session today!



GLOBAL RUNNING DAY
MILLION KID RUN
JUNE 6, 2018

LIFESTART RUN CLUB

GLOBAL RUNNING DAY

LAUNCH PARTY

Join LifeStart to celebrate Global Running Day and the start of run club with a group workout on the Chicago Riverwalk stairs.

DATE: Wednesday, June 6th
TIME: 11 am - 12 pm (stair workout begins at 11:15 am)
DETAILS: Meet at your LifeStart fitness center at 11 am. All members will run from their club to the Chicago Riverwalk. We will meet at the stairs next to Tiny Tapp just west of the Dearborn St bridge. The stair workout for runners will begin at 11:15 am.

To register or for more information stop by the front desk of the fitness center.

Free Health Screenings

Wednesday, June 20th

7:30am-11:30am

South Wacker Room - Mezzanine Level



Free for Blue Cross Blue Shield PPO Members. \$149 for all other health plans. Screenings Include: Cholesterol, Glucose, Blood Pressure, Vitamin D, Vitamin B12, Iron, Thyroid Function, Prostate Screening (PSA), Testosterone, FSH and LH Hormones, Body Composition, and Test 60+ Biomarkers.

Register as a new member at joinmo.com/1sw

Did you screen last year? Sign back in at joinmo.com/login

Alzheimer's Awareness

Thursday, June 21st

Fitness Center



OSW Fitness Center will be participating in

The Longest Day by offering all tenants of the building free access to the facility. There will be a suggested donation box along with bake sale where

all proceeds will go to the Alzheimer's Association.

You can help show your support by wearing purple and donating to OSW Fitness Center fundraising page by visiting

<http://act.alz.org/goto/OSW>.

**For more information about Lifestart events, please contact*

Vanessa at vtheis@lifestart.net.

What's Happening This Month?

June 1-3: [Do Division Street Fest](#)

June 2-3: [CAKE: Chicago Alternative Comics Expo](#)

June 2-3: [Hyde Park Brew Fest](#)

June 8-10: [Andersonville Midsommarfest](#)

June 8-10: [Chicago Blues Festival](#)

June 8-10: [Ribfest Chicago](#)

June 8-10: [Spring Awakening Music Festival](#)

June 15-17: [Taste of Randolph](#)

June 22-24: [Country LakeShake Festival](#)

June 22-24: [Ruido Fest](#)

June 23-24: [Chi-Town Hot Sauce Expo](#)

June 23-24: [Mamby on the Beach](#)

June 24: [Chicago Pride Parade](#)

June 30: [Tour de Fat](#)

