



## CORPORATE CONCIERGE SERVICES

1 SOUTH WACKER DRIVE

### Concierge Calendar March 2019



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#### Amenity of the Month:

**Chair Massage**

**Tuesday, March 5th**

**11:00am-4:00pm**

**Monroe Room - Tenant Lounge**



CORPORATE  
CONCIERGE  
SERVICES

Karly Fraeyman  
Concierge  
(312) 815.5067

[Email Your Concierge](#)

Exclusively for your use, we provide complete corporate and personal support through our worldwide network of business, entertainment and leisure vendors. We can help with any request from the ordinary to the exceptional!

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Release stress and muscle tension with a convenient chair massage from a certified massage therapist. Massage pricing is as follows:

-10 minutes = \$15.00

-15 minutes = \$20.00

-20 minutes = \$25.00

Massages are cash only and payment will be handled directly on-site with the massage therapist.

To book a massage, please contact your concierge at [oswconcierge@corporateconcierge.com](mailto:oswconcierge@corporateconcierge.com) or (312)815-5067.

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**OSW Blood Drive**  
**Tuesday, March 5th**  
**9:00am - 3:00pm**  
**Wacker Room - Mezzanine Level**



Are you planning your next big meeting? Use the link below to check on availability, pricing and book your next room reservation.

[www.oswmeetings.com](http://www.oswmeetings.com)

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Whether you are looking to play a game of pool, grab a complimentary cup of coffee or just looking to stretch your legs, the OSW Tenant Lounge is the place for you!

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Interested in planning your next vacation?

Corporate Concierge Services is a certified travel agent.

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Appointments are recommended and can be made by contacting Vitalant at 877-258-4825. You can also visit [www.vitalant.org](http://www.vitalant.org) and search by group code: 930E.

Walk-ins are welcome.

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**Tide Cleaners Pop-Up**  
**Wednesday, March 13th**  
**11:30am - 1:30pm**  
**Tenant Lounge**



**DRY CLEANERS**

Tide Cleaners will be here to talk about their dry-cleaning services currently available at OSW. Discounts will be offered to new and existing customers.

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**St. Patrick's Day Party**  
**Thursday, March 14th**  
**11:30am - 1:30pm**  
**Tenant Lounge**



Looking for sporting tickets to the next big game? Contact your concierge for more information.



[CLICK HERE](#) for upcoming concert information.



Contact your concierge for a complete list of discounted ticket offerings.



Get ready for St. Patrick's Day weekend. Sugar Bliss will be selling sweet treats and you can test your luck on the prize wheel to win some green swag.

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## March Madness Event

**Popcorn Bar**  
**Thursday, March 21st & Friday, March 22nd**  
**Starting at 10:00am**  
**Tenant Lounge**

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## Theater Spotlight:

Check out this month's hottest shows!



James M. Nederlander  
Theatre -  
**A Bronx Tale**  
Tickets & Info click [HERE](#).

James M. Nederlander  
Theatre -  
**Anastasia**  
Tickets & Info click [HERE](#).

Broadway Playhouse -  
**The Choir of Man**  
Tickets & Info click [HERE](#).





Popcorn and mix-ins will be available all day while you watch the first round games.

### Bracket Challenge

Join our March Madness Bracket Challenge. More details will be announced in the upcoming weeks.

Stay up date on the standings on our jumbo bracket which will be updated all tournament long. The top 3 in the standings will win a gift card prize pack worth \$50.

### Girl Scout Cookie Sale

Thursday, March 28th

8:00am - 5:30pm



CIBC Theater -  
Hamilton  
Tickets & Info click [HERE.](#)

Restaurant of the Month:  
**Marchesa**



March's Restaurant of the Month is [Marchesa](#). Make sure to stop by the Tenant Lounge and drop your business card off for a chance to win a gift card!

Congratulations to Laura Sikora at PLS who won our February Restaurant of the Month gift certificate to [Flight Club!](#)



Support our local Girl Scout troops by purchasing some of their famous cookies. Cash and credit card will be accepted.



**Chicago Blackhawks March/April Discount Tickets**

Select 300-Level Tickets Available starting at **\$40.32**

Select 100-Level Tickets Available starting at **\$100.80**

**Thursday, March 7 vs. Buffalo Sabres at 7:30 P.M.**

Gameday Giveaway: Blackhawks Team Card Pack

(first 10,000 fans)

**Thursday, March 21 vs. Philadelphia Flyers at 7:30 P.M.**

Gameday Giveaway: Blackhawks Reusable Lunch Container

(first 10,000 fans)

**Monday, April 1 vs. Winnipeg Jets at 7:30 P.M.**

**Wednesday, April 3 vs. St. Louis Blues at 7:30 P.M.**

Gameday Giveaway: Blackhawks Beach Towel

(first 10,000 fans)

[Click here](#) to email for ticket requests  
and additional information.

## Building Events:



*Celebrate*  
**National Nutrition Month**

RECEIVE DAILY NUTRITION TIPS  
DIRECTLY TO YOUR INBOX FROM  
RANDI KARLINSKY,  
YOUR LIFESTART REGISTERED  
DIETITIAN.

A MONTH OF NUTRITION ADVICE  
FROM A PROFESSIONAL YOU  
KNOW AND TRUST.

Email Randi at [rkarlinsky@lifestart.net](mailto:rkarlinsky@lifestart.net)  
to sign-up today!

Small changes create BIG results!

The graphic features a background of various fresh fruits including carrots, oranges, grapefruit, lemons, and avocados. A white semi-transparent box is overlaid on the center, containing the text.

**GET YOUR GREEN ON!**  
**Lifestart Lucky Loop Fun Run**

LifeStart's Lucky Loop Fun Run will take place Friday, March 15th. Wear your green gear and run/jog/walk with us around the loop. Stay after the run for foam rolling and stretching demonstrations. If you can't join the run, show the staff you ran 3 miles and receive a prize.

**Meet at OSW Fitness Center at 11:30 am**  
**Free for members**  
**\$10 entry fee for non-members**

\*non-members receive all day unlimited access when they join

All participants will receive a Lloyd's gift certificate and \$10 off code for the Shamrock Shuffle.

The graphic has a light green background with decorative elements like shamrocks and leprechaun hats. The text is arranged in a clear, bold, sans-serif font.



BASKETBALL CONDITIONING CLASS

## HIIT THE COURT

Celebrate the Madness in March with a high intensity interval basketball inspired workout. This class will incorporate basketball drills and body weight exercises to help you develop coordination, strength, timing, and stamina.

WHEN: TUESDAY, MARCH 19TH  
TIME: 1 PM TO 1:45 PM  
LOCATION: OSW FITNESS CENTER  
INSTRUCTOR: GREGORY GRAY  
COST: FREE FOR MEMBERS/\$10 NON-MEMBERS

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## What's Happening This Month?

March 9: [Chicago Beer Festival](#)

March 9: [Chocolate, Wine & Spirits Expo](#)

March 16: [St. Patrick's Day Parade & River Dying](#)

March 20 - 24: [Chicago Flower & Garden Show](#)

March 22-March 24: [C2E2](#)

March 22 - 23: [Good Food Expo](#)

March 22 - 24: [Chicago Tattoo Arts Convention](#)

March 24: [Shamrock Shuffle](#)

